

IDENTIFYING AND SUPPORTING A STUDENT IN DISTRESS

ONGOING

OPEN
ENROLLMENT

NO COST

A group of interdisciplinary professionals across the University created a training program for faculty, staff and students who are interested in learning more about mental health concerns within the college student population. By participating in this program, participants will:

- ✓ **Increase their understanding of Mental Health Concerns in the College Student Population**
- ✓ **Increase their ability to identify when a student is in distress**
- ✓ **Identify appropriate resources and support for distressed students**
- ✓ **Increase ability to connect distressed students with appropriate resources and support**
- ✓ **Increase their skills and confidence to effectively engage a distressed student**

A CERTIFICATE OF COMPLETION WILL BE PROVIDED ONCE AN INDIVIDUAL HAS COMPLETED ALL MODULES.

Individuals will be able to register by:

1. Logging onto WesternOnline
2. Select Communication
3. Select Self-Registration
4. Select "Identifying and Supporting a Student in Distress"